

Sunday

BREAKFAST SPECIAL

French Toast: Three triangles of custard soaked Texas Toast served with warm syrup and choice of one side.

LUNCH SPECIALS

Open Faced Roast Beef Sandwich, Buttered Peas, Fruit

Pasta Primavera with Chicken, Side Caesar, **Garlic Bread**

DINNER SPECIALS

Salmon, Confetti Rice, Zucchini

Herbed Pork, Parmesan Garlic Sweet Potato Wedges, Creamed Spinach

SOUP: Cream of Broccoli

SALAD: Ambrosia

DESSERT: **S'mores Parfait**

Monday

BREAKFAST SPECIAL

Pancakes: Two fluffy pancakes with warm syrup and served with choice of one side.

LUNCH SPECIALS

Chicken Caesar **Wrap**, Marinated Tomato Salad, Seasoned Chips

Smothered Pork Chops, Mashed Sweet Potatoes, Green Beans

DINNER SPECIALS

Garlic Ginger Pork, Fried Rice, Squash

Chicken Cordon Bleu, Parslied Potatoes, Mashed Peas

SOUP: Pepper Pot

SALAD: Carrot Raisin

DESSERT: **Coffee Cake**

Tuesday

BREAKFAST SPECIAL

Waffles: Two crispy waffles with warm syrup and served with choice of one side.

LUNCH SPECIALS

Smoked Salmon Sandwich, Berries, Cucumber Salad

Kung Pao Chicken, Mixed Veggies, Rice, **Egg Roll**

DINNER SPECIALS

BBQ Pork Loin, Baked Beans, Marinated Cucumbers, Okra

Stuffed Cabbage, **Rice Pilaf**, Carrots

SOUP: Split Pea

SALAD: Quinoa

DESSERT: **Turtle Brownie**

Wednesday

BREAKFAST SPECIAL

Breakfast Sandwich: Egg with bacon or sausage, choice of cheese and bread of choice, served with choice of one side.

LUNCH SPECIALS

Italian Sausage, Peppers, Green Beans, Mashed Potatoes

Salisbury Steak, Brussels Sprouts, Rice

DINNER SPECIALS

Shrimp Boil with Potato & Sausage, **Cornbread**

Tuscan **Ravioli** with Chicken, Garlic Bread, Asparagus

SOUP: Sweet Corn

SALAD: **Barley**

DESSERT: **Pecan Pie**

Sample Menu



Thursday

BREAKFAST SPECIAL

Omelet: Fluffy two egg omelet with choice of fixings and one side.

LUNCH SPECIALS

Vegetable Frittata, home fries, yogurt & granola

Roast Beef on Hoagie, **Onion Rings**

DINNER SPECIALS

Shrimp Salad on **Croissant**, Chips, Fruit

Enchiladas, Beans, Rice

SOUP: Tomato

SALAD: Caesar

DESSERT: **Apple Pie**

Friday

BREAKFAST SPECIAL

Biscuits & Gravy: Fluffy Biscuit topped with creamy sausage gravy and served with a choice of one side.

LUNCH SPECIALS

Beef Tortellini, Mushroom Cream Sauce Broccoli

Sweet & Sour Pork, **Chow Mein**

DINNER SPECIALS

Beef Stew, Brussels Sprouts, **Roll**

Chicken Parmesan, Pasta, Ratatouille

SOUP: Sweet Potato

SALAD: Chop Salad

DESSERT: **Carrot Cake**

Saturday

BREAKFAST SPECIAL

Burrito: two eggs with choice of fillings in a warm tortilla wrap. Served with a choice of one side.

LUNCH SPECIALS

Pork Quesadilla, Seasoned Black Beans, Cilantro Lime Slaw

Salmon with Mango Salsa, Coconut Rice, Asparagus

DINNER SPECIALS

Lemon Caper Cod, Rice Pilaf, Broccoli

Cheeseburger Pie, **Roll**, Seasoned Corn

SOUP: Split Pea

SALAD: Three Bean

DESSERT: **Pineapple Upside Down Cake**

Items in red are not gluten free.

